



# Cub Scout Heritages

## Cub Scout Academics and Sports Workbook

This workbook is not required but can help you with this award. Belt Loops and Pins may be earned more than once.

Links to other workbooks and resources are at the end of this workbook: [Online Resources](#).

Send comments to the workbook developer: [craig@craiglincoln.com](mailto:craig@craiglincoln.com). Workbook updated: Match, 2011.

Scout's Name: \_\_\_\_\_

Pack: \_\_\_\_\_

### **Cub Scout Heritages Belt Loop** (See the [Pin Requirements](#) below.)

**Complete these three requirements:**

1. Talk with members of your family about your family heritage: its history, \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

traditions, \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

and culture. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. Make a poster that shows the origins of your ancestors. Share it with your den or other group. \_\_\_\_\_

3. Draw a family tree showing members of your family for three generations.

### **Cub Scout Heritages Pin**

**Earn the Cub Scout Heritages belt loop, and complete five of the following requirements:**

- 1. Participate in a pack heritage celebration in which Cub Scouts give presentations about their family heritage. \_\_\_\_\_

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- 2. Attend a family reunion. \_\_\_\_\_

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- 3. With your parent's or adult partner's permission, find and correspond with a pen pal from another country. Find out how his or her heritage is different from yours. \_\_\_\_\_

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- 4. Learn 20 words in a language other than your native language.


- 5. Interview a grandparent or other family elder about what it was like when he or she was growing up. \_\_\_\_\_

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- 6. Work with a parent or adult partner to organize family photographs in a photo album. \_\_\_\_\_

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- 7. Visit a genealogy library and talk with the librarian about how to trace family records. *Variation:-* Access a genealogy Web site and learn how to use it to find out information about ancestors. \_\_\_\_\_

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8. Make an article of clothing, a toy, or a tool that your ancestors used. Show it to your den. \_\_\_\_\_

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9. Help your parent or adult partner prepare one of your family's traditional food dishes. \_\_\_\_\_

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10. Learn about the origin of your first, middle, or last name. Tell your den or an adult family member about what you learned.

**Online Resources** *(Use any Internet resource with caution and only with your parent's or guardian's supervision.)*

**Cub Scout Advancement:** <http://usscouts.org/advance/cubscout/ranks.asp>

**Tiger:** <http://meritbadge.org/wiki/index.php?title=Tiger>

**Wolf:** <http://meritbadge.org/wiki/index.php?title=Wolf>

**Bear:** <http://meritbadge.org/wiki/index.php?title=Bear>

**Webelos:** <http://meritbadge.org/wiki/index.php?title=Webelos>

**Cub Scout Academics and Sports Workbooks:** ► [meritbadge.org](http://meritbadge.org) -or- ► [Academics](#) / [Sports](#)

**Webelos Activity Badge Workbooks:** ► [usscouts.org](http://usscouts.org) -or- ► [meritbadge.org](http://meritbadge.org)

**Boy Scouts of America:** <http://www.scouting.org/> ► [Guide to Safe Scouting](#) ► [Age-Appropriate Guidelines for Activities](#)

Academy of Achievement: <http://www.achievement.org>

America's Library: <http://www.americaslibrary.gov>

Statue of Liberty-Ellis Island Foundation: <http://www.ellisland.org>

American Veterans (AMVETS): <http://www.amvets.org>

Internet Genealogy Service: <http://www.familysearch.org>

Genealogy.com: <http://www.genealogy.com>

Library of Congress: <http://www.loc.gov>

National Constitution Center: <http://www.constitutioncenter.org>

National Register of Historic Places: <http://www.cr.nps.gov/nr/listing.htm>

Smithsonian Institution: <http://www.si.edu>

U.S. Census Bureau: <http://www.census.gov>

U.S. Government Printing Office: <http://www.gpoaccess.gov>

The White House: <http://www.whitehouse.gov>

Veterans of Foreign Wars (VFW): <http://www.vfw.org>